



# SCHOOL TALK

✠ NOLAN CATHOLIC HIGH SCHOOL

2023-2024

October 27, 2023

Edition no. 9

Dear Nolan Catholic Families,

If you've had a chance to visit our campus (this year) you will notice that at the end of D hall there is a portrait of St. Thomas More (pictured right). Placing this portrait here was not a random decision. Everything we do, we do intentionally. Allow me to explain.

Most of the Freshmen classrooms are located in E hall (hence, the "Freshman Hall"). To access the other spaces, 9th graders need to use D Hall. This makes the portrait of St. Thomas More (from A Hall) visible all the way down to the 9th grade corridor. And guess who resides in the A corridor? Our seniors. Every day our freshmen, sophomores and juniors, as they face the senior hall, see their high school career destination: not just to be 12th graders in the A corridor, but the magnanimous young men and women that our Vikings grow to be. These principles are embodied in the life of St. Thomas More—the patron saint of statesmen, or, *Esto Dux*.

There is more to this intentionality, however. In the next couple of weeks, we



will be promoting the inauguration of the Tower Hill Lecture Series. This is a set of annual lectures—for our entire school community—where local (and distant) leaders will be able to share with us their expertise in fields as varied as politics, philosophy, science, cooking, parenting, and the arts.

We look forward to hosting you on campus for these events, since in the end, this was also part of our intentionality: to build greater ties between us by creating opportunities to come together around such a venerable saint.

Kind regards,  
Mr. Ortiz



**NOLAN CATHOLIC  
HIGH SCHOOL**

INVITES YOU

**TO CELEBRATE**

*Grandparents' Day*

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**17** NOVEMBER  
**2023**

11:30 AM - 1:30 PM  
LUNCH IS SERVED

HARTNETT ARENA  
4501 BRIDGE STREET, FORT WORTH, TX 76103

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**PARENTS MUST RSVP FOR GRANDPARENTS  
BY FRIDAY, NOVEMBER 10**

**SCAN QR CODE**



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## Stay Connected with the NCHS App



On your phone or tablet, navigate to the App Store or Google Play Store and search for "Nolan Catholic High School." After installing the app, you will be prompted to create an optional "User Profile." The Nolan app has an up-to-date official calendar, recent issues of *School Talk*, and portals. The app also provides a convenient link to our social media accounts, guidance office updates, frequently used forms, and much more.



# CAMPUS MINISTRY



**MOTHERS' MASS**

All mothers or grandmothers of students are invited and encouraged to attend. This is an opportunity for our mothers to come together, worship, and build relationships as a Nolan Catholic Community.

**DATES:**  
 FRIDAY, OCTOBER 27, 7 AM  
 FRIDAY, NOVEMBER 17, 7 AM  
 FRIDAY, DECEMBER 15, 7 AM

Mass will be in our Nolan chapel, followed by baked goods, fruit, and coffee.

## NOLAN CATHOLIC FAITH LIFE

**DAILY MASS** -- Chapel  
 Mondays & Thursdays - 2:50pm  
 Fridays - 7:00am

**ALL SCHOOL MASS** -- Hartnett Arena  
 Wednesdays  
 & Holy Days of Obligation - 10:20am

**CONFESSION** -- Fr. Metzler's Office  
 Mondays, Wednesdays,  
 & Thursdays - 11:30am-1:00 pm

**ADORATION** -- Chapel  
 Every Friday  
 Exposition - 7:30am    Reposition - 2:20pm

## Student Service Opportunities

### School Volunteering (Ongoing)

- **Viking Pantry** - Click [this link](#) for more information on what you can bring. Donations can be delivered to Mrs. Reimer at the Front Desk.

### Viking Club Volunteering

- Service hours can be logged via x2Vol
- Use [this link](#) to sign up

### Partner School Volunteering

#### St. Elizabeth Ann Seton Catholic School

- Do you love to design and build? Help St. Elizabeth Ann Seton's STEAM Club as they work to build and code LEGO Mindstorm robots. Click [HERE](#) to volunteer. Contact [Ms. McGreal](#) if you have questions.

#### St Joseph Catholic School

- Calling all budding Engineers! Volunteer to help St. Joseph's Robotics Club prepare for the FLL competition this spring. Click [HERE](#) to sign up. Contact [Ms. McGreal](#) if you have questions.

**BCB**  
*(Black Coffee Brotherhood)*

A group that will be starting at Nolan Catholic for Fathers of students at Nolan, teachers, and /or coaches.

*Mission:*  
 1. Pray  
 2. Become better spiritual leaders for your families.

*Where:*  
 Nolan Catholic High School Chapel

*When:*  
 Friday, Oct 13  
 Friday, Nov 10  
 Friday, Dec 8  
 6 am-7am

*What:*  
 Adoration  
 Brief talk  
 Mass at 7 am for those who can attend.  
 (Coffee is permitted in the chapel per Chaplain's permission).



## Parent Point Opportunities

### Viking Club Volunteering

- 5 Points towards your student's house for each event where you volunteer
- [Sign up here](#)

### Friday Adoration- 10/27

- 5 Points towards your student's house for each day you volunteer
- [Sign up here](#)



**GROW  
 IN YOUR  
 OWN  
 SPACE**

**WORLD RANKED  
 ROBOTICS  
 PROGRAM**

  
 NOLAN CATHOLIC  
 HIGH SCHOOL



## Mark Your Calendars!

- **Halloween:** Tuesday, October 31 (dress up for Seniors and faculty)
- **All Saints Liturgy-** Wednesday, November 1
- **Senior Night Football:** Friday November 3
- **Prospective Parent Information Night:** Wednesday, November 8
- **BCB (Black Coffee Brotherhood):** Friday, November 10
- **Diocesan Inservice:** Friday, November 10
- **College Financial Aid Night:** Wednesday, November 15
- **Viking Club Meeting:** Wednesday, November 15
- **Mother's Mass:** Friday, November 17
- **Prospective Parents Mrning Coffee:** Friday, November 17
- **Grandparent's Day:** Friday, November 17
- **Thanksgiving Break:** Monday, November 20 - Friday, November 24
- **Open House:** December 3, 2023

See our full calendar [here!](#)

**NATURE NOTES****Will Candy Corn Help Save the World?**

By: *Emily Breclaw*

Indirectly, yes! Candy corn, a traditional American sweet, causes polar reactions. People either love it or hate it with a passion. While digging into the history of candy corn, I found a strange but fascinating connection between this controversial confection, nature, and a possible solution to plastic use in the United States.

Candy corn is made of sugar, corn syrup, honey, food coloring, oil, salt, binders and Confectioner's Glaze, also called shellac. Shellac is not a food product. It is an excretion of the tiny Lac bug of Southeast Asia. Female lac bugs eat tree sap and secrete a sticky substance that helps them stay on the tree while they lay eggs. People harvest the branches, separate the excretion from the bugs and trees with alcohol, and process the excretion into the glaze that helps preserve many fresh foods and candies we find in grocery stores. (Examples include apples, jelly beans, and Milk Duds.)

Because shellac comes from insects, and insects are inevitably harmed/killed in the process of harvesting it, shellac poses a huge problem for companies that want to appeal to strict vegetarian markets. Finding alternatives to shellac led researchers to develop an *edible* film from whey protein that could eventually be used to replace not only shellac, but also plastic wrap and containers used to increase food shelf life. This is a great [article](#) for more information on the research.

Who would have thought that American candy corn relates to Asian ecosystems? Seeing the interconnectedness of our world a social level reminds us that the same loving God created the lac bug, the vegetarian, the scientist, and [George Renninger](#) (the guy who invented candy corn).



on

**Fun Fact:** Candy corn was originally marketed under the name "Chicken Feed," because people at that time (early 1800's) did not consider corn a suitable food for humans.

# SCHOOL RESOURCES



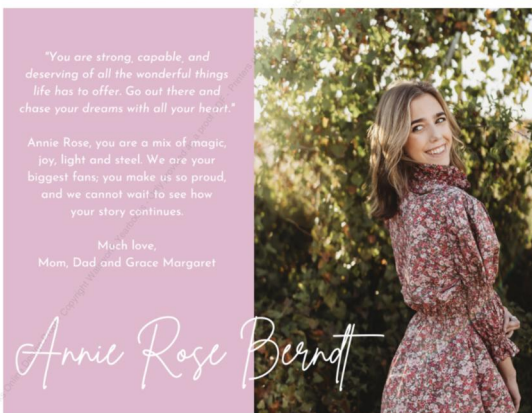
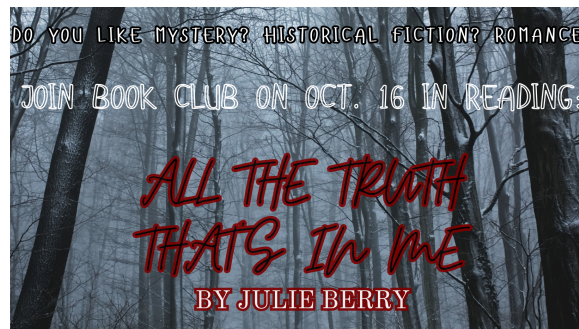
PROJECT LEAD THE WAY  
**PLTW**

## 🚀 Attention Engineering Parents and Students!

📖 Did you know that PLTW (Project Lead the Way) students have a golden opportunity to earn college credits, scholarships, waived tuition, and more at participating colleges and universities? 🎓 By simply enrolling in PLTW courses and achieving a grade of 3.0 or higher, students can unlock these incredible opportunities. 🌟 To find out if your college of choice offers these credits, check out this [link](#). If you have any questions or need guidance, feel free to reach out to Ms. McGreal at [jmcgreal@nchstx.org](mailto:jmcgreal@nchstx.org). ✉️ Don't miss out on the chance to supercharge your academic journey and your future! 🌌

## Book Club

The next Book Club meeting is Monday, October 16 before and after school in the library. They just started reading All the Truth That's in Me by Julie Berry, a romantic murder mystery set in early colonial America. See Mrs. Ochs if you need help locating a copy.



## Senior Portraits

Senior parents, Yearbook deadlines are coming fast! November 24 is both the deadline for Senior Portraits and Senior Tribute ads! [Click here](#) to book your portrait session, or call 817-292-8989. \*If you don't schedule a session, your student will not have a formal portrait in the senior section of the Lepanto Yearbook!\* To purchase a senior ad, go to <https://tinyurl.com/mr2a4vxh>.



## Guidance

### Virtual Financial Aid Night for Nolan Catholic Parents

Both students and families are invited! Join us to learn how to complete the FAFSA (Free Application for Federal Student Aid) on Wednesday, November 15, from 6:00 PM to 6:45 PM. The session will be presented by the Financial Aid Office of Texas Christian University. Details including the Zoom link and passcode will be sent to you at a later date. For those unable to attend, a recording will be made available. All are invited!

### [Senior College Counseling Newsletter, October 2023](#)

Stay on task to complete your college applications by reviewing the October to do list:

- Request transcripts
- Financial aid (FAFSA) information Scholarships!

### [Junior College Counseling Newsletter, October 2023](#)

- College News and Events
- Financial Aid and Scholarship Information



## Sailing Club

Our sailors were invited to participate in the Fort Worth Boat Club's 'Ol' Man of the Sea' Regatta. We had the opportunity to race against high school teams from Austin and Houston. The conditions were quite windy and cold, but our sailors really demonstrated outstanding teamwork and leadership. Many of our experienced sailors took on leadership roles in running the regatta itself, as well as took on newer sailors and mentored them through the windy conditions. **Our team was proud to take home second place and third place overall.** What a blessing it was to work with our guests from Austin and Houston. We look forward to joining them in Austin next month. Let's Go Vikings!

## Lunches by ECI

Need to add funds to your student's account for cafeteria purchases? You can do so by [clicking here](#). [Click here for next week menu](#)





**EXPLORE  
YOUR  
FUTURE  
WITH US**

**CAMPUS TOURS  
AVAILABLE**



**NOLAN CATHOLIC  
HIGH SCHOOL  
2023-2024 ADMISSIONS EVENTS**

**COFFEE TALK - 9:15 AM**

SEPTEMBER 22    DECEMBER 15  
OCTOBER 20    JANUARY 26  
NOVEMBER 17

**CAMPUS TOURS - 6:00 PM**

OCTOBER 5    DECEMBER 7  
NOVEMBER 2    JANUARY 11

**PARENT INFORMATION NIGHTS**

SEPTEMBER 27    NOVEMBER 8  
OCTOBER 25

**OPEN HOUSE**

DECEMBER 3



**SIGN UP FOR AN EVENT OR TOUR AT [NOLANCATHOLIC.ORG/EVENTS-AND-TOURS](https://www.nolancatholic.org/events-and-tours)**



[www.nolancatholic.org](https://www.nolancatholic.org)

**ADMISSIONS OFFICE**  
admissions@nchstx.org  
817.451.7486

# LET'S GO! GET INVOLVED



## POOR YORICK'S CORNER

Do you love music? Do you play an instrument or love to sing with others? Then join "Poor Yorick's Corner," a folk music club, where we will learn and jam to historic folk songs. We'll have fun and prepare for all-school winter bonfires (Surprise! More details on bonfires coming soon!).

**When:** Collegium period

**Day:** TBD

**Where:** Classroom TBD

**What to bring:** Your voice (if you are a singer), guitar, fiddle, banjo (if you have one), or small percussion instrument.



If interested, email [principal@nchstx.org](mailto:principal@nchstx.org).

HELP MAKE OUR CAMPUS BEAUTIFUL!

## ECOVIKES

<b>WHO</b> ANIMAL, PLANT, & ENVIRONMENT LOVERS!		<b>WHEN</b> 1X PER WEEK BEGINNING MID-SEPTEMBER
<b>WHERE</b> MR. GARNETT'S CLASSROOM (B12) MOSTLY FUNDRAISING & WORKING OUTSIDE IN COURTYARDS		<b>WHAT</b> MAKING OUR CAMPUS INTO A HOME FOR WILDLIFE (E.G. HUMMINGBIRDS, MONARCHS)

Email [24mendres@student.nchstx.org](mailto:24mendres@student.nchstx.org) to join!

## COME TINKER IN stem Club!

**Meetings:**

**When:** Fridays, 2:45–3:30 pm

**Where:** IDEA 113

**Contact:** [jmcgreal@nchstx.org](mailto:jmcgreal@nchstx.org)



Snacks provided!

# MAKERS gonna MAKE



FALL 2023 SEASON

## ROCKET LEAGUE Elevated eSports

**Danny Johnson**

**Jackson Schuster**

**Danny Cantarella**

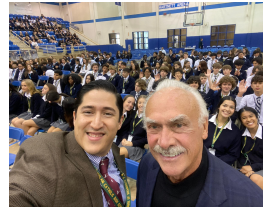
# ART CLUB

Meeting  
Wednesday  
Art Studio 2:40pm

# SCHOOL HIGHLIGHTS



NAHS inductees



Rocky Bleier



Ballet Folklorico

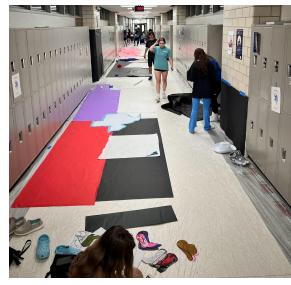
## HOCO "Road Trip" Week

**Seniors**  
*New York*

**Juniors**  
*Hawaii*

**Sophomores**  
*Texas*

**Freshman**  
*Florida*



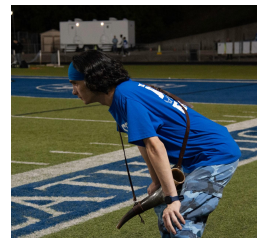
It is hard to describe in a single paragraph the joy and excitement of Homecoming Week at Nolan Catholic. This is a time to look back towards our past, our traditions, the many young men and women that graced our halls while at the same time celebrating our current students, families, and community. All in all, this is a week to come together to honor the God-given gift of the Nolan Catholic family, which extends back into the past and forward into the distant future.



*Hall Of Fame: Coach Larry Holmes*



*Hall Of Fame: Ellen Timberlake-Volz*



*Homecoming Court*



*Honoring Dr. Tom Kleuser*

## Marching Band: STATE CHAMPS



The Nolan Band competed at the Whitney Marching Festival on Saturday, October 14. The band was awarded Best in Class, Best Percussion, and a 1st Division Superior Rating. The Nolan Band also made finals for the first time in several years where they received 6th place out of 18 public schools ranging in sizes up to 4A.

The Nolan Band competed at the TAPPS State Marching Championship on Monday, October 23. The band won 1st place overall all and 1st place in

every caption possible including Best Percussion and two 1st Division Superior Ratings. The Nolan Band will compete one more time at the TPSMEA Marching Competition on Saturday, October 28 at Ft. Worth Christian.

## UPCOMING ATHLETIC EVENTS



**NCHS**

# SENIOR NIGHT CEREMONY

**6:15 PM MEET IN THE SOUTH ENDZONE**  
**6:30 PM SENIOR CEREMONY**  
**7:00 PM KICKOFF VS TCA**

**\*SENIORS - PLEASE SUBMIT YOUR GOOGLE FORM BY WED., NOV 1**

**TAPPS**  
TEXAS ASSOCIATION OF PRIVATE AND PAROCHIAL SCHOOLS  
 COMPETITION WITH HONOR

**MARCHING BAND & DRUMLINE CHAMPIONS**

**2023**

*Haftime*

# STATE CHAMPIONSHIP BANNER PRESENTATION

### Swim Senior Night

Home swim meet vs JPII on Saturday at 10:15 am. We will be recognizing our seniors at this meet! Come and watch our team compete!





## Softball Tryouts

SAVE THE DATES: Spring Lady Vikings Softball Tryouts will be a 3 day tryout in December (5th-7th). Come out in December and join our winning tradition. Any questions contact Coach Nagid.



Get ready for a semester full of sports excitement! The Fall Semester Season Pass is your golden ticket to all the action at Nolan Catholic's home games until December 24, 2023 (note: playoff games are not included). Grab your pass now for non-stop fun! Head over to [NCHS Online Box Office](#) to secure your spot in the stands! 🏀🏈🏐📺 Don't miss out on the games!

 A vertical sports schedule graphic titled "THIS WEEK IN VIKING SPORTS". It lists events for the week of October 30 to November 3. The background is dark blue with white and yellow text. There are small images of athletes in action next to each date.
 

Date	Day	Events
OCT 30	MONDAY	TAPPS STATE XC MEET MSOC VS GRAPEVINE FAITH (S) MBB VS MCKINNEY CHRISTIAN (S) WBB AT GRANBURY (S)
OCT 31	TUESDAY	TAPPS VB AREA ROUND
NOV 2	THURSDAY	MBB VS FW CHRISTIAN
NOV 3	FRIDAY	WBB VS HEIGHTS FB VS TCA (SENIOR NIGHT)



## THE VIKING CLUB



### Upcoming Volunteer Opportunities

**VOLUNTEERS NEEDED:** We have a lot of volunteer opportunities coming up this week and next!! Click [HERE](#) to view the upcoming events and sign up. All proceeds from concession sales go directly to the Viking Club, which in turn supports our NCHS-approved athletics/organizations, and we can't do it without YOU!



**UPCOMING VIKING CLUB MEETING:** Save the date for our next Viking Club meeting on Nov 15th @ 6pm. Location to be determined....stay tuned!!!

**VIKING CLUB FAN PACKAGES:** It's not too late to get your Viking gear, premium parking spots at football games, all-you-can-drink tumbler/mug, and more!!! Click [HERE](#) for more info and to purchase.

# BE A PART OF THE AWARD-WINNING MARCHING BAND

*Email Us*

Band Director, Philip Carpenter  
[pcarpenter@nchstx.org](mailto:pcarpenter@nchstx.org)





# PROMOTING OUR COMMUNITY



ST. JOSEPH SEMINARY COLLEGE  
COVINGTON, LA

**NOVEMBER 3 - 5, 2023**

*Vocations Weekend Retreat for Men  
in High School and College  
Ages 16 and Older*

MASS

COMMUNAL  
PRAYER

DISCERNMENT  
STORIES

SEMINARY  
TOUR

NO COST. Transportation provided to and from seminary. Please register no later than October 27, 2023. For those who are or will be 18 years of age at the time of the event, you will be required to register and complete the Safe Environment training.



For more information, please email or call the vocations office. [Vocations@fwdioc.org](mailto:Vocations@fwdioc.org) 817-945-9321

ST. JOSEPH CATHOLIC SCHOOL

**KNIGHTS ON THE GREEN**

26th Annual **GOLF**

November 10, 2023  
1 p.m. Shotgun Start

*-Tournament-*

Dinner Only Tickets Available!

**ON SALE NOW**

MANSFIELD NATIONAL GOLF CLUB 3750 NATIONAL PKWY. MANSFIELD, TX 76063	MATT KERTZ CHAIR MCKERTZ@GMAIL.COM
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Scan for Sponsorship Opportunities and Tickets



Nolan Catholic High School is a ministry of the Diocese of Fort Worth providing a college preparatory education and evangelizing students to be tomorrow's servant leaders through

**EDUCATION IN FAITH | FORMATION IN HOPE | PERSEVERANCE IN CHARITY**

4501 Bridge St.  
Fort Worth, TX  
76103  
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