

DISTANCE LEARNING CM SERVICE HOURS

VIKINGSRISE! VIDEO RESOURCES

VikingRise!

All videos will be reviewed and approved by a committee. Some videos may be selected for posting on the NCHS website.

Video Submission

Please use this **FORM** to submit your video for credit.

x2VOL

CM service hours must be logged in x2vol for graduation credit. Please proceed for special logging instructions.

All videos must include:

1. **Title:** Activity/lesson & age group.
2. **Opening:** Begin with prayer.
3. **Introduction:** Explain the activity.
4. **Supply list:** Show all supplies.
5. **Purpose:** Explain the goal of video.
6. **Body:** Perform the activity/lesson.
7. **Closing:** Summary of explanation.
8. **Invitation:** Come back to review!
9. **GO VIKINGS! ESTO DUX!**

CLICK **HERE** FOR INSTRUCTIONS ON HOW TO MAKE A VIDEO!

VIDEOS NEEDED - ELEMENTARY SCHOOL

MATH

Fractions

Flash cards and tips for memorization for addition math facts

Flash cards for multiplication math facts 1s, 2s, 3s, 4s, 5s, 6s, 7s, 8s, 9s, 10s, 11s, 12s

Social Studies for Kids

Learning the Continents

Learning States and Capitals

Learning Cities and States

Land Forms

Pledge of Allegiance

Star Spangled Banner

World Language Videos

Let's speak German, Latin, Spanish, or French.

Practical Life Skills

4-6 years

How to tie your shoes

How to make a knot

How to wash a dish

How to fold a towel

How to...

Read Alouds

Magic Tree House Series

C.S. Lewis: The Lion, The Witch, and the Wardrobe

Any children's story book.

Athletics

Workout videos

Aerobic videos for kids

How to do a push-up

Running form

How to...videos

How to shoot a basket without a hoop

Fine Arts

Rhymes and Songs /Music Lessons

Build a set for a puppet show

Spooky story time

Music and movement

Praise and Worship songs for kids

How to play a song on the piano

How to draw

How to make a craft

VIDEOS NEEDED - MIDDLE SCHOOL

Life Skills

How to Organize a Study Space
How to make play dough
How to make slime
How to...

Cooking Recipes

How to bake a cake
How to make fresh squeezed
lemon-aid
etc.

Public Service

Announcements

Social Media etiquette
Dangers of vaping
etc.

x2VOL Video Log

PLEASE follow these instructions when logging your CM Distance Learning hours :

1. **Non-Profit Organization/Agency Name:** DL+ Video Title
2. **Service Contact:** Mrs. Watson, owatson@nchstx.org /817-395-0359
3. **CM hours:** find out how many hours you earn for each video **HERE!**
4. Here's a sample for MATH MULTIPLICATION and STORYTIME videos

Agency or Organization Name	Number of Hours
DL: Multiplication of 2's	2.0
DL: Storytime for 2nd Grade	2.0

THANK YOU FOR SHARING YOUR GIFTS AND TALENTS!

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment. And a second is like it, you shall love your neighbor as yourself."

Mt 22:36-39

CONTACT MRS. WATSON IF YOU HAVE ANY QUESTIONS