



Athletic news & updates

March Issue | Spring 2020

Athletic Director's Corner



Dear Vikings,

When I was a freshman in high school, I was lucky enough to speak to a woman who had lived through the Great Depression as a teenager. She spoke about the

uncertainty every night going to bed, the struggle to find a place in the world, and the feeling of loneliness that followed her. Although the story began sadly, this was a story about hope and faith because she pivoted into a story of rebirth and reset. She spoke about how our great country came together with the invention, hard work, and faith in God to change the world in technology, social equality, and Christian leadership.

I wouldn't dare compare the Great Depression to today's global pandemic, but it has become apparent the threat of COVID-19 has become our generational struggle. With never before seen unemployment rates, overrun hospitals, and overworked medical staff... this will be something that affects us all in some capacity before Virus has fully run its course. However, as the woman I referred to explained, there are two options during times of despair and uncertainty. One is fear and isolation; the other is hope and connection. "Never be afraid to trust an unknown future to a known God." This quote by Corrie Ten Boom shows which choice we should make, and I believe this tough trial will bring us together in the end as we all have a very powerful ally in this world. Our faith and community have already shown an amazing ability to respond in creative ways to keep our school spirit and connections alive.

Our Cheer program has found a new Head Coach, and our girls are going through Virtual Tryouts this week, despite the challenges of our stay-at-home

Current TAPPS Plans for Returning to Play

I was very pleased to see that TAPPS had taken some time to think out many possible scenarios if/when we return to school this spring. Their goal this spring is to provide a championship opportunity for each sport that has been affected by offering three possible avenues by which we could make it to a state title game.

Here are the options:

IF OUR SCHOOL IS CLOSED, THERE CAN BE NO ORGANIZED PRACTICES OR MEETINGS, ON OR OFF THE CAMPUS.

Once the school resumes, there is a re-entry timeline of practices and games to reduce the chance of injury.

Here are the scenarios based on the return to play:

Return to play April 13th

April 13-18

Practices and Scrimmages Allowed Only

April 20-25

First Week of Competition

April 27- May 2

Certification of District for Baseball and Softball

Tennis, Golf, and Track plans will be determined during the week of April 13

Return to play May 1st

May 4-9

Practices and Scrimmages Allowed Only

May 11-16

orders. Our girls have been very accepting of this creative idea of sending in a video to judges, and being the “guinea pigs” for a completely new system of tryouts. Our Football team is connecting with underprivileged youth at East Fort Worth Montessori by teaching chess and video game platforms online to give these kids some hope and role models during this trying time. We had virtual banquets for both Men and Women’s soccer program last week, and this week we will be having virtual banquets for Men and Women’s Basketball Programs. Our Swim program is attending online clinics and then reflecting on what’s learned with Coach Black. Coach KJ Williams has created an online workout program using software called Volt, which allows each athlete to be using sport-specific workouts, organized within their teams. Each day, our social media platforms are releasing motivational videos from our Head Coaches in an effort to lead, inspire, and connect with our entire community. These are just a few examples of what our Athletic Department is doing to keep our student-athletes connected, engaged, and positive through this tough time.

We know there are many family members in our community that are working hard to fight this Virus, and we would be remiss if we did not thank every Nurse, Doctor, Police, Fire, and First Responder for the work they have already done, and the work they will inevitably do to keep us safe from harm. You are the heroes during this time, and we pray for your safety and health until we overcome this. Although she is not with us anymore, I have a feeling the woman I referred to earlier, my Great-Grandmother, is very proud of the way we are responding, the way we are connecting, and the way we are leading.
Stay Safe. Stay Active. Stay Connected.

Esto Dux,

Jordan Hampton

Follow Us!



First Week for Competition

Tennis and Golf Championships

May 18-23

Baseball and Softball district certification

Track Championships

May 25-30

Baseball and Softball Championships

Return to Play May 15th:

May 18-23

Practices and Scrimmages Allowed Only

May 25-30

Golf/ Tennis/ Track Championships

June 1-6

Baseball/Softball Championships

Option D is cancellation of all spring sports.

Spring Football, 7 on 7, and sand volleyball will be addressed directly once the stay-at-home orders have been lifted, and we resume school activities again. Once we return to campus, we will communicate with families on how we will be structuring our return to play procedures based on this timeline.

Nolan Catholic Land's a New Head Cheer Coach!



After many weeks of interviewing extremely qualified Head Coach Candidates, we have found the one!

Bailey North is extremely excited to be leading the Viking Cheerleading Squad. Coach North has over 15 years of cheerleading experience. Her cheerleading credentials individually include High School, Competitive cheer, College, and NCA Staff. Bailey was a member of the UNT cheer program and has competed and received titles as a National Champion. Bailey cheered and graduated from UNT completing her BS in Rehabilitation Studies and is currently working towards her Masters in Counseling.

Bailey has held many leadership positions as All-girl captain, Coed Captain, and Program Captain of the North Texas Cheerleading Team as well as high school and middle school captain. She spent eight years prior, cheering competitively at Spirit of Texas before giving it up to high school cheerleading at Mansfield Legacy High School. She

has been an NCA staff instructor for five years, where she has coached many teams who have achieved success. She also coaches at the cheer Connection in Fort Worth as an assistant competitive cheer coach and tumbling instructor.

Coach North will also be working with our Study Skills program, and we look forward to her full time on campus.

Student-Athlete Spotlight: Taylor Bailey

When Nolan Catholic Senior, Taylor Bailey, was in 8th grade, she had a close friend who was diagnosed with a type of pediatric bone cancer, Ewing Sarcoma. After a year of treatment at Cook Children's Hospital, her friend was cancer-free and began volunteering there to help other kids who had gone through what she had. Taylor saw all this happen and was inspired to introduce a fundraiser to the Nolan Catholic Community.

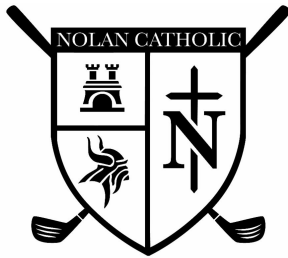
Taylor approached Cook Children's fundraising department to get approval, and once it was granted, she got approval from the Administration at Nolan Catholic to spearhead a campaign. In August of 2019, Taylor worked with the Life Team to set up activities for Childhood Cancer Awareness Week to sell t-shirts and raise awareness for the fundraiser and pediatric cancer itself.

With inspiration from friends, family, and the Stephen Breen Foundation, Taylor's goal was to raise awareness and to raise \$2,000 to \$3,000. The results have surpassed that, and even surprised Taylor, "The Nolan Community has helped raise \$7,652!! I still have quite a few shirts, and I want to sell the rest to keep adding to the total." If you, your family, or your business would like to help Taylor's cause, she is still going to fundraise through the summer, and she hopes you will reach out to her if you would like to contribute or buy a shirt.

In difficult times like this, it's comforting to find a guiding light of love and leadership around us. Taylor's example of positively changing the world around her is a reminder that with the right inspiration, motivation, and Christian leadership... Hope is never defeated. We hope you will reach out and help her cause with us. Whether it's excelling in the classroom, competing in the State Swim meet, or raising thousands of dollars to fight childhood cancer, we are so very proud of Taylor. She truly embodies our motto: *Esto Dux*.



Fore the Vikings!



Nolan Catholic
HIGH SCHOOL

Golf Tournament
Benefiting Viking Club

The Nolan Catholic Golf Tournament scheduled for April 3 will now be in the Fall. Although the date has changed, the excitement level for this has not. We still have many excited players signed up and companies committed to sponsoring the event now scheduled for Friday, August 28. The event includes a noon lunch, followed by a 1:00 p.m. shotgun start. We hope you will join us for a great event, supporting all of the clubs and organizations at Nolan Catholic High School.

The Nolan Catholic Golf Tournament benefits the Viking Club, a parent booster club supporting Nolan Catholic High School Athletics and Student Organizations. Its mission is to help students maximize their experience with extra-curricular activities at Nolan Catholic.

For more information, please contact [Mark Cortez](#) or [Mike Cook](#).

Register Today!

